


## Resource 1: Feelings match up

Match the similar feelings, then rank them on a scale of intensity.



<b><u>happy</u></b>	concerned	heart-broken	distressed
<b><u>sad</u></b>	cheery	cross	anxious
<b><u>scared</u></b>	furious	joyful	irritated
<b><u>angry</u></b>	petrified	upset	forlorn
<b><u>worried</u></b>	ecstatic	troubled	frightened