

Friday, 3rd November 2023

# VJS NEWS



*Proud To Be Me, Proud To Belong*

**Mr Jo Lewis, Inclusion Lead**

It has been another week of fantastic events happening across the school.

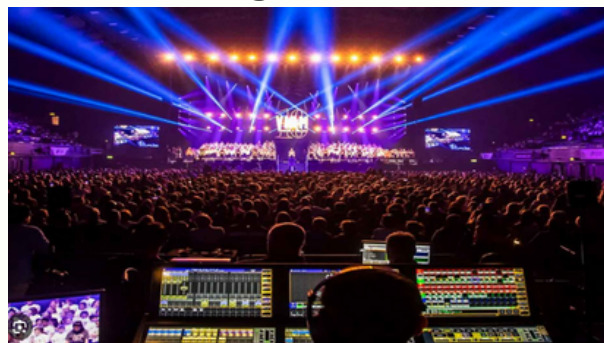
This week, a group of children in Year 6 took part in Bikeability Training Level 1 and 2. The children enjoyed their training and have all gained new skills within their cycling ability – whether this was learning to ride a bike in the playground, or cycling safely on the road. The trainers also commented on how kind and polite the children were and how impressed they were with the children’s resilience when cycling in horrible weather. All of the children who took part should feel very proud of themselves.

If you would like information regarding cycling training for your child, please visit <https://www.cyclinginstructor.com/hounslow> where you can find out more about the services offered outside of the school day.

## **Sing Club - Voice in a Million**

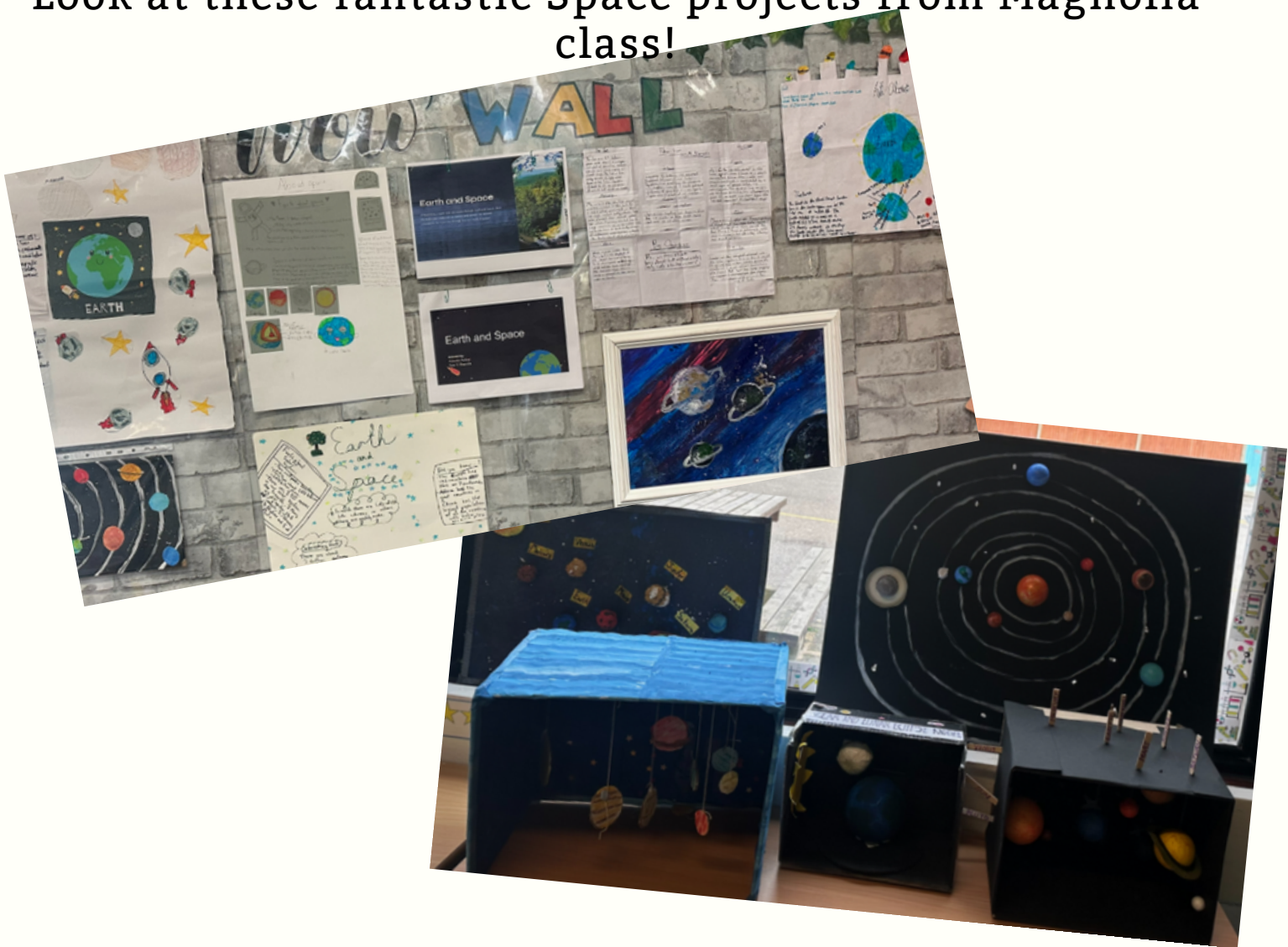
Sing Club started this week, where the children were introduced to the songs that they are going to sing at Wembley Stadium!

It is not too late to join - if you are interested, then please sign up through Parent Pay.



# WOW WORK!

Look at these fantastic Space projects from Magnolia class!



Hard at work in Willow Class with pneumatic boxes!





# PGL - Year 6

Mrs Shelley Barham

Before half term, a group of Year 6 children attended a two night residential trip to PGL Marchant's Hill, where they were given the opportunity to take part in some exciting activities. Some of the children's favourites included: archery, the giant swing, rock climbing and trapeze.

While facing some terrifying challenges, the children showed brilliant courage, resilience and kindness towards each other and others who were at the PGL site. All of the adults who worked with children from our school gave us lots of positive feedback, which left us feeling very proud of them.

The children returned home on the Friday feeling very fulfilled (and very tired!) with lots of stories to share with their friends and family.

Some of the PGL songs have even made it back to the school playground this term!

The children had a chance to sum up their PGL experience this week.

This is what they said:

“PGL was really fun – one of the best experiences of my life. My favourite activity was rock climbing because it helped me to conquer my fear of heights.” – Sammit

“It was fun. When I first saw the trapeze, I didn't want to go to the top but I did! I was proud of myself for doing it.” – Jodie-May



“It was probably the best school experience I’ve had. The giant swing was the best thing, but I was really proud of my attempt on the climbing wall. I went higher and higher each time.” – Kacper

“PGL was fun, especially the archery and raft building. We were given chance to explore new things.” - Kuldeep

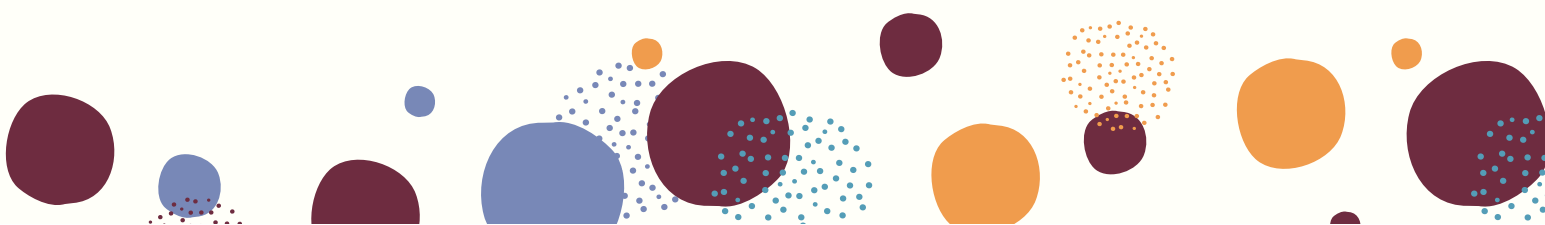
“It was very fun. I really liked the food and all of the activities. My favourite activity was archery because I’ve never used a bow and arrow before. I felt like Robin Hood!” - Callum

“I really liked the giant swing because it looked scary at first but I tried it and it was really fun. I tried everything and overcame my fear of heights.. It was a great experience and well worth it!” – Nicole

We will be sure to share photos from the trip over the coming weeks.

### **Year 5 Parents:**

A trip will be provisionally booked for the current Year 5 children to take part in during the autumn term of Year 6. Parents in Year 5 were sent a questionnaire via email before half term to gauge interest in a potential trip. If you haven’t done so already, please let us know your initial thoughts about this trip – even if you do not think your child would like to attend.



# Reminder:

People who suffer from food allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a food allergy, it is not just eating that food that can cause a severe reaction, but can also occur from just being touched or smelling the breath of someone who has had that type of food.

These foods can trigger anaphylactic shock, which can cause breathing and swallowing difficulties, and death.

First aid staff in the school are trained to use Epi-pens (an injection of adrenalin) and other allergy medication, which is required immediately if this happens. However the best way to make sure children do not need these remedies is to stop them from being in contact with certain foods.

Please remember that Victoria Junior School is a nut-free school, as well as a fish-free school. This is because we have a number of children who have these allergies.

There are systems in place to keep them safe, however you need to ensure that the following foods do not come into school in any form in order to protect them further:

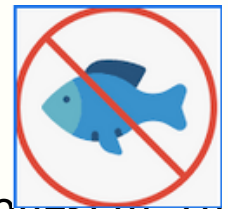
## Nuts:

- peanut butter sandwiches or cakes
- chocolate spreads
- cereal bars / breakfast bars
- some granola bars
- cakes that contain nuts
- biscuits / cookies that contain nuts
- Satay sauces, which can be used in some Asian foods

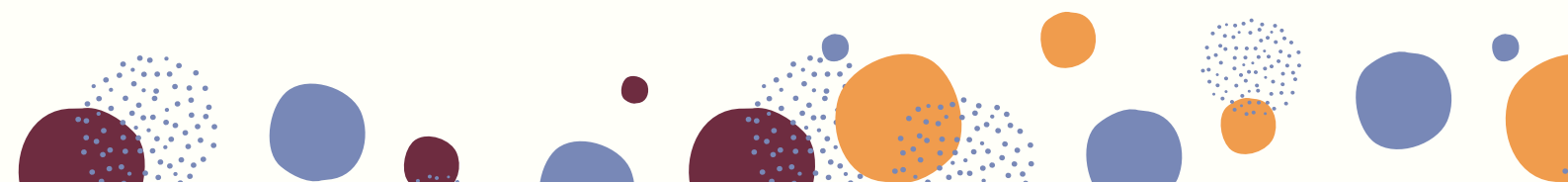


## Fish:

- Fish flavourings, eg. prawn cocktail crisps
- Fish gelatine, made from the skin and bones of fish
- Fish oil
- Fish sticks
- Barbecue sauce
- Caesar salad and Caesar dressing
- Shellfish, including prawns
- Worcestershire sauce
- Fish sauce, which can be used in African, Chinese, Indonesian, Thai and Vietnamese foods



This list is not exhaustive so please check the packing of products closely when making lunches at home.





# Coming Up:

## **Remembrance Day at VJS - Next Week**

Even though Remembrance Day falls on Saturday next week, we will still be looking to mark the day by creating a display of poppies, similar to the falling poppies display at the Tower of London.

Please can you send in an empty plastic bottle (or more!) with your child next week so that they can contribute to the whole school event.

## **Maths Workshop - 8:55 to 9:55**

**8th November - Lower Phase**


**9th November - Upper Phase**

This is a chance for you to come in with your child to see the maths that they are doing at school. You will also learn some of the approaches we use.

If you would like to attend, then please drop your children off at their classrooms in the morning, and then make your way to the office to sign in.

## **Winters Night Carnival - Thursday, 9th November**

Victoria Junior School's Art Club will be taking part in Feltham's Lantern Workshop. On Thursday, they will parade around the High Street, leaving school at 4:30pm and returning back at 5pm to be handed over to parents and carers.



## **Maths Rock Star Day - Friday, 10th November**

Next week we will be celebrating Maths at VJS with a special Maths Rock Star day. We will spend the whole day completing exciting Maths activities, as well as launching some new competitions and events throughout the school. Children can come to school dressed as a Rock Star for the day, to celebrate how we can all rock at Maths! Please look out for the letter from Mr Farmer for more information.

## **Anti-Bullying Week 13th - 17th November**

This year's theme is 'Make Noise About Bullying', where over the week children will take part in a range of activities, assemblies, a visiting theatre and Odd Socks Day. There will be more information will follow from Miss Ubhi.

