

yourgenome home pack!

Stumped for child friendly activities? Try out our top six activities to keep the little ones entertained!



Mindfulness colouring

Download a range of DNA-themed colouring sheets. Not just for the kids!

yourgenome.org/activities/mindfulness-colouring

Age: 4+



Child led



Origami DNA

Can you fold a DNA Helix from paper? Who can make a better helix you or the children?

yourgenome.org/activities/origami-dna

Age: 7+



Fun together



Yummy gummy DNA

Dust off some cocktail sticks and sweeties and make a DNA helix model.

yourgenome.org/activities/yummy-gummy-dna

Age: 4+



Fun together



Balloon bugs

Can you make a model bacteria? You can use balloons, toilet roll tubes or other materials.

yourgenome.org/activities/balloon-bugs

Age: 4+



Fun together



Sneeze zone

Got a squirt bottle and water? Try out Sneeze Zone – how far can a sneeze travel?

yourgenome.org/activities/sneeze-zone

Age: 4+



Fun together



Extracting DNA from fruit

With some basic household items you can extract DNA from fruit!

yourgenome.org/activities/extracting-dna-from-fruit

Age: 6+



Adult led