

Friday, 14th October 2022

VJS NEWS



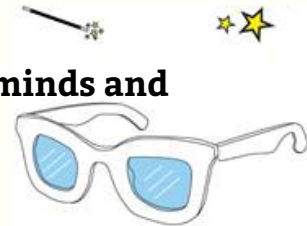
Proud To Be Me, Proud To Belong
Mr. David Lee - Headteacher

On Monday this week, it was World Mental Health Day, and the staff and pupils have been busy focusing on our core value of Kindness, this week. Miss Ubhi led a fantastic assembly on what is good mental health and what we can do to look after it. Some children shared that they go for a walk, listen to music and spend time with people they love.

In classes, children explored how kindness is more than just a 'nice thing to do', and how it can improve our physical and mental health, whether it's giving, receiving or even just witnessing kindness.

Our Antibullying Ambassadors have also put on their Kindness glasses and have been looking for acts of kindness around the school.

Attached for you at home is a fact sheet about how kindness helps our minds and bodies in many ways.



Upcoming events

October - Black History Month
18th and 20th October - Carnival Days for Black History Month
18th October - Explorers Day for Year 6
19th October - Parent/Child Phonics session in Hall
21st October - INSET day
24-28 October - Half Term
8th and 10th November - Parents' Consultations
10th November - Anti-Bullying workshops

Quote of the week

" People always say that I didn't give up my seat because I was tired, but that isn't true. I was not tired physically...No, the only tired I was, was tired of giving in."

Rosa Parks



STARS OF THE WEEK!

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Year 3

Oak: Japleen and Ibrahim

Elm: Bailey-Ray and Roshan

Ash: Eser and Mila

Year 4

Beech: Charvi and Nathalie

Rowan: Lishita and Tanish

Ebony: Harley and Hanna

Kindness

Year 5

Magnolia: Kyla and Taha

Holly: Anish and Kunsang

Willow: Ezekiel and Adavith

Year 6

Cherry: Amir and Daria

Chestnut: Deeta and Xavi

Laurel: Amelia and Salma

Our Week

By Mrs. Wolczynski

I had the pleasure of being visited by Evelyn, Xavier and Fardowsa from Chestnut Class with some fantastic writing based on their "Explorers" topic.

I chose my favourite extracts from their descriptions to share in this week's newsletter.

Gale after gale, storm after storm, Endurance drifted in a southerly direction. Churning, weaving; the ship struggled to get through the thick, packed ice. The problem is, you don't know how deep the iceberg is.

Evelyn

The floor split through the camp. The boats were launched and the men scrambled in. They had been trapped in the ice prison for 19 months, but this was much more of a challenge.

Xavier

Her vehement thick timbers splintered, cracked, then bent - they snapped under the terrible pressure. Huge jaws of ice forced themselves through the ship's sides.

Fardowsa

Reminder from Mrs Principe: Year 6 Explorer Day is on Tuesday 18th October. Please pay the £5 on Parent Pay. Children can dress up if they wish!