

Monday, 28th November 2022

VJS NEWS

Proud To Be Me, Proud To Belong

Mr. David Lee - Headteacher



After our work with The Anti-bullying Alliance, we have continued our work on raising awareness of bullying and empowering the children at Victoria Junior School to Reach Out if they see or hear examples of bullying or meanness towards themselves or others. Mrs. Wolczynski and I held assemblies last week and today, and we continue to ask children to speak to any adult in the school to highlight any unkindness they come across in general. The latest parent/carer survey showed that 96% of you felt your child was safe and happy at VJS. We are determined that no child should fear bullying as they come into our school. If you would like to talk further about this with me, or any member of our leadership team, please contact the school office.

Year 3 - Christmas Nativity

The Year 3 Christmas performance of the Nativity will be performed to Parents/Carers on Tuesday, 13th December.

There will be an afternoon and an evening performance. More details will follow!

STARS OF THE WEEK!

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Year 3

Ash: Lena and Kiruthiga

Oak: Anik and Afrah

Elm: Gaina and Janya

Year 4

Beech: Freddie and Advik

Rowan: Indie and Yagnika

Ebony :Katie and Manjusha

Curiosity

Year 5

Magnolia: Kalpit, Kenzie and Raphaela

Holly: Adrian and Nicole

Willow: Gabriel and Vinu

Year 6

Cherry: Sekou and Amina

Food Allergies

Mrs Lewis

Dear Parents and Carers,

People who suffer from food allergies can develop a severe, potentially life-threatening allergic reaction.

If someone has a food allergy, it is not just eating that food that can cause a severe reaction, but it can also occur from just being touched or smelling the breath of someone who has had that type of food.

These foods can trigger anaphylactic shock, which can cause breathing and swallowing difficulties, and death.

First aid staff in the school are trained to use Epi-pens (an injection of adrenalin) and other allergy medication, which is required immediately if this happens. However the best way to make sure children do not need these remedies is to stop them from being in contact with certain foods.

In Year 3, there are a number of children who have food allergies. There are systems in place to keep them safe, however you need to ensure that the following foods do not come into school in any form in order to protect them further:

Nuts:

- peanut butter sandwiches or cakes
 - chocolate spreads
 - cereal bars / breakfast bars
 - some granola bars
 - cakes that contain nuts
- biscuits / cookies that contain nuts
- Satay sauces, which can be used in some Asian foods

Fish:

- Fish flavourings, eg. prawn cocktail crisps
- Fish gelatine, made from the skin and bones of fish
 - Fish oil
 - Fish sticks
 - Barbecue sauce
- Caesar salad and Caesar dressing
 - Shellfish, including prawns
 - Worcestershire sauce
- Fish sauce, which can be used in African, Chinese, Indonesian, Thai and Vietnamese foods

This list is not exhaustive so please check the packing of products closely when making lunches at home.

If you have any questions, please do not hesitate to speak to a member of the senior leadership team. Thank you for your help in this important matter.

